


# Les clés de sol et de fa en 7 jours


Chaque jour, **mémoriser visuellement** la position des notes proposées afin de les reconnaître au premier coup d'oeil.

1er jour



Do Sol Do Sol

1er jour



Sol Do Sol Do

Detailed description: This block shows the first day of a seven-day piano exercise. It consists of two systems of musical notation. The first system is for the Treble clef, with the notes Do, Sol, Do, Sol. The second system is for the Bass clef, with the notes Sol, Do, Sol, Do. The notes are written as quarter notes.



Detailed description: This block shows the continuation of the first day's exercise. It consists of two systems of musical notation. The first system is for the Treble clef, and the second system is for the Bass clef. Both systems contain a sequence of 16 quarter notes, alternating between the notes of the previous system.

2ème jour



la la

2ème jour



la la

Detailed description: This block shows the second day of the exercise. It consists of two systems of musical notation. The first system is for the Treble clef, with the notes la, la. The second system is for the Bass clef, with the notes la, la. The notes are written as quarter notes.



Detailed description: This block shows the continuation of the second day's exercise. It consists of two systems of musical notation. The first system is for the Treble clef, and the second system is for the Bass clef. Both systems contain a sequence of 16 quarter notes, alternating between the notes of the previous system.

3ème jour



fa

3ème jour



fa

Detailed description: This block shows the third day of the exercise. It consists of two systems of musical notation. The first system is for the Treble clef, with the note fa. The second system is for the Bass clef, with the note fa. The notes are written as quarter notes.



Detailed description: This block shows the continuation of the third day's exercise. It consists of two systems of musical notation. The first system is for the Treble clef, and the second system is for the Bass clef. Both systems contain a sequence of 16 quarter notes, alternating between the notes of the previous system.

4ème jour

ré ré

4ème jour

ré

5ème jour

si

5ème jour

si si

6ème jour

mi mi

6ème jour

mi

7ème jour: un repos bien mérité!